Magnolia Community Center

2550 34th Ave W

Seattle WA 98199

206-386-4235 fax 206-386-4230

Spring



2006

There's something inside for everyone!

Registration for most classes begins on March 13th Registration is also available online for some courses! www.cityofseattle.net/parks Hours of Operation
Monday, Tuesday, Friday
1 pm - 9 pm
Wednesday and Thursday
10 am -9 pm
Saturday (through May 27th)
9 am - 5 pm
The hours indicated are the budgeted hours of operation. Hours of operation beyond these hours are on a preregistered basis only and are provided by the Magnolia Advisory Council.

Community Center Closures

May 29th - Memorial Day

Community Center Staff

Recreation Coordinator
Doreen Deaver- OOC
Assistant Recreation Coorinator
Chris Easterday - OOC
Recreation Attendants
Cameron Rivera-Flodine, Rob Kitiona, Brieah
Marino, Rachel Castillote, Danniel Yeaman
Maintenance Crew
Lin Kwong, Tom Smith, Mitchel Taylor

Adminstrative Staff
Superintendant of Parks and Recreation
Ken Bounds
Parks and Recreation Operations Director
Christopher Williams
Central Parks and Recreation Manager
Robert Stowers

In keeping with our environmental stewardship policies, we're trying to reduce the amounts of paper we use. We invite you to visit our web site at www.seattle.gov/parks. You can find this brochure information online.

Mission Statement

Seattle Parks and Recreation will work with all citizens to be good stewards of our environment, and to provide safe and welcoming opportunities to play, learn, contemplate and build community.

Registration & Payment Information

Registration, for most classes, begins on March 13th unless otherwise indicated. You can register and pay for classes and other activities by mail, in person, online, or by telephone with a credit card.

We accept Visa, Mastercard, and American Express. Please make checks and money orders payable to the CITY OF SEATTLE. Cash will be accepted for exact payment amounts only. PLEASE NOTE: Payment is due when your register. A service fee of \$20 will be charged for NSF checks.

Fees and Charges

Our Advisory Council provides the programs and activities listed in this brochure under an agreement with Seattle Parks and Recreation. Fees collected by the Advisory Council are used to offset the cost of providing the programs. Program charges include user fees of 3.25% paid to Seattle Parks and Recreation to defray operation costs. Class and program fees include Washington State sales tax where applicable.

Magnolia Advisory Council

You can make a difference! The Advisory Council is a group of citizens dedicated to the enrichment of our community. Its support enables us to offer a variety of programs and services for people of all ages, abilities and backgrounds.

Our Advisory Council is always looking of new members. Meetings are held on the 1st Tuesday of every month, to talk about programs, policies, and financial issues. Citizen direction and participation are vital to our continued success. Advisory Council members also create scholarship opportunities through grant writing and other fundraising activities. If you'd like to get involved, please contact our staff.

Most classes, workshops, sports, and special events are funded through the Advisory Council rather than through Seattle Parks and Recreation. Revenues generated through program fees offset program cost to make Advisory Council activities self-sustaining. We rely heavily on program participation, donations, and contributions to buy, repair, maintain, and upgrade program equipment and supplies.

CLASS DATES

Most classes begin the week of April 10th, 2006. Please check with center staff regarding class status. Great classes are often cancelled due to low enrollment or late registration, so please register early.

SCHOLARSHIPS

Our Advisory Council wants to ensure that our activities, classes and sports are available to everyone, regardless of their ability to pay. The Council may choose to offer scholarships for qualified applicants. Scholarships are also available through Seattle Parks and Recreation and DSHS. To apply for a scholarship, please talk to a member of our staff.

ANTI-DISCRIMINATION POLICY

As a matter of policy, law and commitment Seattle Parks and Recreation does not discriminate on the basis of race, creed, color, sex, martial status, sexual orientation, political ideology, age, religion, ancestry, national origin, or the presence of any sensory, mental or physical disability.

ACCOMMODATION FOR PEOPLE WITH DISABILITIES

We will make reasonable accommodation, upon request, for persons with disabilities. For sign language interpretation, auxiliary aids or other accommodations, please call 206-615-0140 or TDD 206-684-4950. If possible, please allow 10 workings days advance notice for sign language interpretation or auxiliary aids. If a class or activity is scheduled in an area that is not barrier-free for wheelchairs, we will make every effort to help you find a similar program in an accessible location.

ROOM RENTALS

Magnolia Community Center rooms and gym are available to rent for birthday parties, club, or community meetings. Please contact Center staff for dates and room availability. Call 206-386-4235 for more information.

INTERESTED IN TEACHING

We are always looking for top quality instructors to offer unique courses. Anyone with knowledge to share is welcome to propose a class or workshop idea. Selection is based on interest of our participants and space availability. If you are interested in teaching, please talk to a member of our staff.

LOST AND FOUND

Keys, jewelry items, etc. are kept behind the front desk. Items found in the Center will be placed in a bin located near the Art Room. Lost and found items are kept for a minimum of 30 days. Items that remain unclaimed are donated to various charitable organizations.

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REFUND POLICY

It is the policy of the Seattle Parks and Recreation and the Associated Recreation Council that:

Anyone who registers for a class, camp, special event or program that is cancelled for any reason by Parks and Recreation or the Advisory Council will receive a full refund.

Anyone who registers for a day camp, trip, overnight camp, special event, or facility rental, and who requests a refund 14 days or more before its start, may receive a refund minus a service charge of \$5.00 or 10% of the fee, which ever is greater. If a person attends a class or program and request a refund before the second session of the class, a pro-rated class fee plus a service charge of \$5.00 or 10% of the fee, whichever is greater will be retained. If a participant drops a class or program after the second session of series, no refund will be given.

Occasionally, no refund or credit is available for a specific program or service, which may include deposits for registration or rentals. Information on any specific exception is available from recreation staff prior to payment or purchase. Refunds usually take three to four weeks to transact.

Pro Parks Levy

The Pro Parks Levy is making a difference in your community. With funding approved for this eight year levy by Seattle voters in 2000, we're building new parks, enhancing maintenance, and expanding programs throughout the city. Our recreation facilities are providing innovative teen programs that enhance self-esteem and build life skills, more envirnomental education to increase awareness about the wonders that surround us, swimming lessons for all 3rd and 4th graders to make sure every Seattle child knows how to swim, a wider range of activities for seniors, and more.

We're cleaning and removing litter from our facilities and parks more often; expanding park maintenance in the summer months, when use is high; and working hard to maintain our valuable landscapes, trees, and other natural assests. Whether you prefer sports or quiet contemplation, there are more active play areas and passive park lands available for you. New things are happening every day, so keep an eye out for the Pro Parks Levy signs in your neighborhood.





Friday Family Movies 4

7 pm

\$3.00 per family

Harry Potter and the Goblet of Fire

March 10th

Chicken Little

March 24th

The Chronicles of Narnia:

The Lion, the Witch, and the Wardrobe

April 21st

Hoodwinked

May 5th

Family Bingo Night

\$3.00 per family



April 7th 7 pm

Bring the entire family for some great fun! Bingo is a game for the entire family. Small prizes will be given to the winners.

Teen Flashlight Egg Hunt Friday, April 14th 8 pm - Sharp!

Join us for the great event! This is for those teens 11 and older. Please bring a flashlight!



Spring Egg Hunt Saturday, April 15th 10 am - Sharp!

Join up for a Magnolia Tradition, our annual Spring Egg Hunt for children ages 10 and under!

Mom and Me Tea

\$40/2people (\$15.00 each addl.)

Saturday, May 6th

2pm - 4 pm

Treat yourself to a delightful afternoon sipping tea, tasting delicious pastries. Dress up in your fanciest dress and bring mom, your sister, grandmother and your aunties. Join us for a wonderful after noon of fun.

Rental Information

Magnolia Community Center is one of the premiere facilities of Seattle's Parks and Recreation and boasts a new state of the art playground with adjoining playfield as well as a full size gymnasium.

We also feature a beautiful bright and spacious multipurpose room as well as smaller rooms where you can host a small business meeting or gathering.

Madrona Room- This large room is great for banquets, wedding receptions, graduations, birthday or any other occasions. The Madrona Room can accommodate 60-75 people.

Cost: \$45 per hour

Discovery Room - This room is perfect for meetings between 20-40 people. Small classes, company meetings, religious groups and other small groups have found this room suitable for their needs.

Cost: \$35 per hour

Dunes Room - This room is also perfect for meetings between 20-40 people. Small classes, company meetings, religious groups and other small groups have found this room suitable for their needs.

Cost: \$35 per hour

Gymnasium — Our full size gym is available for your sporting needs. It is great for practices too! Come and check it out!

Cost: \$25 per hour —athletic use / \$100 per hour-non athletic use.

Damage Deposit — A damage deposit is taken for all events. The deposit is fully refundable as long as no damage has occurred and the rented space is clean. Credit card deposits can be refunded at the end of your event; check and cash deposits take about three to four weeks to refund. \$250.00

Damage Deposit with alcohol - This deposit includes a \$60 non-refundable alcohol fee. The rest of the deposit is fully refundable as long as no damage has occurred and the rented space is clean. Credit card deposits can be refunded at the end of your event; check and cash deposits take about three to four weeks to refund. All events held in Seattle Parks and Recreation facilities at which alcohol is served, the renters must have \$1 million in Commercial Liability coverage. If alcohol is being sold, the renters must have \$2 million in Liquor Liability. All rentals with alcohol must have department approval. Please see staff for more information. \$560.00

Booking Fee There is a \$15 booking fee for all rentals.

Staff Fees -\$17 **per hour** If your rental occurs outside normal operating hours, or Saturday, you will be charged staffing fees. Rental staff is also paid for $\frac{1}{2}$ hour before and after the event.

Please see staff for more information and availability of space.

Magnolia Gym Schedule

March - June

Mon	Tues	Wed	Thurs	Fri	Sat
Aerobic Dance 8am - 9am	Floor Maintenance	Aerobic Dance 8 am - 9 am	Floor Maintenance	Conditioning Class 8:15 am - 9:am	
Drop In Pickleball 10 am - 2 pm \$1.00 65+ \$2.00 64-	Aerobic Dance 9:15 am - 10:15 am	Aerobic Exercise 9:15 am - 10:30 am	Aerobic Dance 9:15 am - 10:15 am	Adult Drop In Basketball 11 am - 2 pm \$1.00 65+ \$2.00 64-	Gym available for rentals
Teen Drop In Basketball 3 pm - 4:30 pm	Adult Drop In Basketball 11 am - 2 pm \$1.00 65 +	Tot Open Gym 11 am - 2 pm \$3.00	Drop In Pickleball 11 am - 2 pm \$1.00 65+ \$2.00 64-	Indoor Soccer League 4 pm - 9pm	
Gymnastics Classes 4:30 pm - 8:00 pm	Teen Drop In Basketball 3 pm - 5 pm	Teen Drop In Basketball 3 pm - 5 pm	Teen Drop In Basketball 3 pm - 5 pm		

Magnolia Gym is available for your athletic needs. The fees are \$25 per hour and a \$17 booking fee. Please see staff for more information. The gym is usually available for rent after 5 pm Tuesday-Thursday. It is also available on Saturdays and Sundays.

**PLEASE NOTE-- THIS SCHEDULE IS SUBJECT TO CHANGE WITHOUT NOTICE

2006-2007 Tun 'O Fun Preschool Programs

Registration for Fall Programs begins on April 3rd

Funderkins

Come and join this great program. This program is developed to emphasize socializaiton skills, age related cognitive and physical skills, including story telling, art, singing, games and exercise. This program follows the Seattle Public School District Calendar.

Ratio 1:10

Instructors: Tessa Cook & Tara

Ritzman

Days: Monday-Friday

Ages 4-6

Playschool

Magnolia's Playschool continues to develop a program that emphasizes socialization skills, age related cognitive and physical skills, including story telling, art, singing, games, and exercise. The 4 year old class addiontionally prepares children for kindergarten, explores weekly themes, including arts and crafts, cooking, show and tell and field trips. This program follows the Seattle Public School District Calendar. Ratio 1:10

Days:

Tuesday-Thursday - 4 yrs. olds

Monday & Friday - 3 yrs. olds - am only Instructors: Kathy Heinrich & Beverly

Peterson



Morning Program

Monthly Fees

Time: 9 am - 11:30 am

Ages 4-6

(must be 4 years old by September 1st)

9:00 am - 11:30 am

1X Week	\$75.00
2X Week	\$125.00
3X Week	\$175.00
4X Week	\$225.00
5X Week	\$250.00

3 years old Progam \$125.00

9:00 am - 11:30 am Monday and Friday

Lunch

Lunch - 11:30 am - 12:30 pm

Can be either brought from home or purchased from Catherine Blaine School.

Monthly lunch fees are as follows:

\$20 - 1 day

\$40 - 2 days

\$50 - 3, 4, and 5 days

These are in addition to the fees charged by Catherine Blaine for lunch and milk. Lunch fees are not charged to those who are enrolled in both the morning and afternoon programs.

Afternoon Program

Ages 4-6 (must be 4 years old by September 1^s) Monday – Friday 12:30 pm – 3:00 pm

	P P
1X Week	\$ 75.00
2X Week	\$125.00
3X Week	\$175.00
4X Week	\$225.00
5X Week	\$250.00

2006-2007

Tun 'O FunYouth Programs

We offer quality before and after school care emphasiing an array of activities. Each month is planned around themes with active games, crafts, cooking projects, holiday parties, field trips and special events. Homework time provided. Daily snacks are provided. Enjoyable routines have made this program a model for other Parks Department programs.

Before School Care

7:00 am - 9:00 am

Director: Micheline Huber

Monthly Fees

1x week	\$ 50.00
2x week	\$ 95.00
3x week	\$120.00
4x week	\$145.00
5x week	\$160.00

Payments are due before the first of each month. Families must register for one of the above options. Scholarships are available. Please see staff for information.

After School Care

3:00 pm - 6:00 pm

Director: Micheline Huber

 1x week
 \$ 85.00

 2x week
 \$135.00

 3x week
 \$190.00

 4x week
 \$230.00

 5x week
 \$245.00

Payments are due before the first of each month. Families must register for one of the above options.

Late pick up fee: \$1.00 per minute for each minute after 6:00 pm. Fee must be paid when child is picked up.

Pre Ballet

This is a great introduction to Ballet, tailored for the very young. Body and spatial awareness, basic movements, rhythms, and creative expression will be the focus. A class demostration will be held at the end of the session.

Dates: April 18th - June 10th

Pre Ballet I \$64.00

Thursday 9:30 am - 10:15 am

 $3 \frac{1}{2} - 4 \text{ yrs.}$

Pre Ballet I/II \$ 64.00

Saturday 9:30 am - 10:15 am

31/2 - 5 yrs.

Pre Ballet II \$ 64.00

Thursday 10:15 am - 11:00 am

4 - 5 yrs.

Dance Campo

Pre Ballet III \$ 64.00

Tuesday 3:30 pm - 4:15 pm Saturday 10:15 am - 11:00 am

\$13 00

Dance Camps	$\Phi 13.00$
Flower Dances	
Saturday, April 22nd	12:00 pm - 1:30 pm
Ages 4 - 6	
Saturday, April 29th	12:00 pm - 1:30 pm
Ages 4 -6	
Saturday, May 6th	12:00 pm - 1:30 pm

12:00 pm - 1:30 pm
12:00 pm - 1:30 pm
12:00 pm - 1:30 pm

Ballet

This program is based on classical instruction. It follows from Pre-Ballet into Ballet according to age for the most part. Classes above Ballet I are promotions suggested by the instructor. If you are new to our program, please consult with the instructor prior to registering so that she can place your child in the class that is most suited to them.

Dates: April 17th - June 16th

<u>Spring Recital for Ballet I - Ballet IV</u>,

Friday, June 16th 5:30 pm

 Ballet I
 \$ 98.00

 Wednesday
 3:45 pm - 4:45 pm

Friday 4:15 pm - 5:15 pm

First grade minimum

Ballet II \$ 98.00

Monday 3:45 pm - 4:45 pm

Ballet II \$154.00

Tues/Thurs 4:15 pm - 5:15 pm

Ballet III \$154.00

Tues/Thurs 5:15 pm - 6:15 pm Ballet IV \$192.00

Mon/ Wed 4:45 pm - 6:00 pm

Pointe/Pre Pointe \$ 76.00

Mon/Wed 6:00 pm - 6:30 pm

Dance Camps	<u>\$13.00</u>
Dances With Fans	
Saturday, June 3rd	12:00 pm - 1:30 pm
Ages 4 - 6	
Saturday, June 10th	10:00 am -11:30 am
Ages 4 -6	
Saturday, June 10th	12:00 pm - 1:30 pm
Ages 5 +	

Preschool Programs Youth Programs

Tot Bop

This parent/child class involves movement, music, rhythm, song and various props. You'll enjoy this opportunity to have fun and get moving with your toddler as you creatively and energetically explore the many facets of movement. (Siblings are welcome to watch or to participate. Babies must be in a carrier or backpack.)

Instructor: Kathy Adophsen

Session I \$35

Days: Mondays

4/10/06 - 6/5/06 **Dates:** Time:9:30 a.m. - 10:30 a.m. Session II \$35

Days: Mondays

Dates: 4/10/06 - 6/5/06 Time:10:30 a.m. - 11:30 a.m. Session III \$35

Days: Fridays

4/14/06 - 06/02/06 **Dates:** Time:9:30 a.m. - 10:30 a.m.

Tot Gym \$3.00

Days: Wednesdays Dates: April - June

Time: 11:00 a.m. - 2:00 p.m.

Come and join us for a fun filled afternoon! We have the toys, riding equipment and more. This is especially great for those rainy days. Parents/ Guardians must accompany their children. Reminder...Please no food or drink in the gym.

Please check in at the front desk!



Youth Tennis \$65

Learn to play this great lifelong sport which is fun and great exercise too!

April 4th - April 27th Session I 3:30 pm - 4:30 pm **Beginning Intermediate** 4:30 pm - 5:30 pm

Session II May 9th - June 1st

3:30 pm - 4:30 pm Beginning **Intermediate** 4:30 pm - 5:30 pm

Session III June 6th - June 29th **Beginning** 3:30 pm - 4:30 pm **Intermediate** 4:30 pm - 5:30 pm



Gymnastics

A one time \$25 yearly insurance fee must be paid at the time of registration. This is valid from September 2005-August 2006.

A fun introduction or continuing gymnastics program for ages 5 and over. All classes include warm-up, flexibility work and cool down. Girls focus on floor exercise, balance beam, vaulting and single bar work. Boys focus on floor exercise, pommel horse, vaulting, low rings, parallel and high bars. Class is held in the Magnolia Gym+.

Instructor: Sterling Luke

\$70 **Beginning I**

Days: **Mondays**

Dates: 04/24/06 - 06/12/06 Time: 4:45 p.m. - 5:30 p.m.

\$75 Beginning II

Days: **Mondays**

Dates: 04/24/06 - 06/12/06 Time: 5:30 p.m. - 6:30 p.m.

\$75 **Intermediate**

Days: **Mondays**

Dates: 04/24/06 - 06/12/06 Time: 6:30 p.m. - 7:30 p.m.

Youth Programs

Beginning Karate \$75

While Karate is a highly effective means of self-defense, its unique benefits lie in its balanced approach to both physical and mental development.

Sensei (Teacher) Michael O'Donnell is the owner and teacher of the Magnolia Karate Academy. He has trained in Hayashi Ha Shito Ryu for over twenty five years.

Hayashi-ha Shito Ryu is a form of traditional Japanese Karate developed by Soke (Grand Master) Teruo Hayashi and currently centered in Osaka, Japan.

Karate training provides a solid foundation for the development of character, ethics and strength. Class meets at the Magnolia Karate Academy.

AGES 6+

Days: Thursday

Dates: April 13th – June 1st Time: 6:45 pm – 7:30 pm

Teen Programs

Pottery

This class will teach wheel and hand building techniques to beginners and those wanting to improve basic pottery skills. Fee includes three hours of instruction, 25lbs. of clay, kiln and glaze materials, and a pass for use of the studio during the current quarter. Additional bags of clay may be purchased for \$10 per bag.

Days: Thursday

Dates: 4/13/06 - 06/01/06

Time: 6 pm -9pm

Youth Track and Field \$35

Practices will beginin mid- March. Practices are held on Tuesdays and Thursdays at Queen Anne Bowl. Meets

begin in April. Register now!

Ages: 6 -17 years

Time: 5:00 p.m. – 6:30 p.m. Days: Tuesday & Thursday

Adult Programs Scrabble Club

Love the game of Scrabble? Looking for people to play Scrabble with? Magnolia Community Center is the place to be on Mondays:

Days: Mondays
Dates: Continuous

Time: 6:30 pm - 8:30 pm

Adult Tennis \$65

Learn to play this great lifelong sport which is fun and great exercise too!

Ages: 14 and up

Session I April 4th - April 27th Beginning 5:30 pm - 6:30 pm Intermediate 6:30 pm - 7:30 pm

Session II May 9th - June 1st Beginning 5:30 pm - 6:30 pm Intermediate 6:30 pm - 7:30 pm

Session III June 6th - June 29th Beginning 5:30 pm - 6:30 pm Intermediate 6:30 pm - 7:30 pm

Standard First Aid & CPR

Please call the American Red Cross at 726-3534 to register for any of these classes.

Days: Monday & Wednesday

Time: 4:30 pm - 8:30 pm

Dates: April 3rd & April 5th

May 1st & May 3rd

June 5th & June 7th

Adult Programs

Puppy Essentials \$95.00

Prevent and avoid behavior problems. Start training your puppy now. Course will cover introductions to basic commands and socialization. Course also will include advice on common puppy issues, such as house training, chewing, jumping, etc. Puppies must be 18 weeks or younger as of first class. You must bring proof of dog's most recent vaccination. All family members are encouraged to attend class. Please bring a pen and paper to class.

Instructor is certified with more than 30 years of experience with many different breeds and a proud owner of two dogs with multiple AKC titles. Please note: **no registration will be taken after the first class.**

Instructor: Janet Germeau (782-7151)

Days: Tuesday

Dates: 4/11/06 – 5/30/06 Time: 6:10 pm - 7:10 pm



Basic Dog Manners \$110.00

Strengthen the bond between you and your dog, by learning effective communication and training techniques. Basic commands will be taught, such as, sit, down, stay, come, leave it, and go to your rug. This is a great class for new dogs, or as a refresher course for those wishing to improve your dog's obedience. This class is designed for any dog over 18 weeks as of first night of class.

You must bring proof of your dog's most recent DHLPP. You must also bring proof of your dog's rabies vaccinations if over six months old. All family members are encouraged to attend. Please bring a pen and paper to class. Please note: no registration will be taken after the first class.

Instructor: Janet Germeau (782-7151)

Days: Tuesday

Dates: 4/11/06 - 5/30/06

Time: 7:15 pm - 8:45 pm

Adult Programs

Pottery \$76

This class will teach wheel and hand building techniques to beginners and those wanting to improve basic pottery skills. Fee includes three hours of instruction, 25lbs. of clay, kiln and glaze materials, and a pass for use of the studio during the current quarter. Additional bags of clay may be purchased for \$10 per bag.

Days: Thursday

Dates: 4/13/06 - 6/01/06

Time: 6 pm - 9 pm



Fencing \$75

Come join us for fun and fitness. Beginners and fencers with experience are welcome. Basic equipment will be provided for those starting out.

Beginning

Ages: 12 to Adult

Days: Monday & Wednesday
Dates: 04/17/06- 06/19/06
Time: 7:00 pm - 8:00 pm.

Intermediate

Ages: 12 to Adult

Days: Monday & Wednesday Dates: 04/17/06 - 06/19/06

Time: 7:00pm-8:00pm

Club

must have completed intermediate level or have completed course elsewhere and have instructor's permission.)

Days: Monday & Wednesday
Dates: 04/17/06 - 06/19/06
Time: 6:30 p.m. - 9:00 p.m.

Women's Tennis Flights

Spring is here and it's time to play tennis outside in Magnolia! There will be four levels of flights to choose from (depending on rating and level of play). All participants must show proof of rating before registering. Early registration is encouraged due to limited space. Schedules for Spring Flights may be picked up at the center a few weeks following registration. All matches will take place on Magnolia or Howe St. courts. For more information go to the website at:

www.MagnoliaTennis.homestead.com Registration begins on March 20th at

1 p.m.

Spring Flights will begin the week of April 17th.

Mondays 2.5 9:30 a.m. Tuesdays 3.0 9:15 a.m. Wednesday 3.5 9:15 a.m. Thursday 3.0-3.25 9:15 a.m.



Aerobic Dance I

Good old-fashion Aerobic Dance is great fun for anyone at any age. If you like to dance to all kinds of music, and like to get your exercise early in the day, then this class is for you! You'll have lots of fun while dancing your way through a great work out! We'll work on improving endurance, agility, balance, strength and flexibility.

Instructor: Kathy Adolphsen

Days: Monday & Wednesday Dates: 04/17/06-06-/21/06 Time: 8:00 am - 9:00 am

Cost:

1x week \$45 adults/\$35 senior 2x week \$90 adults/\$70 senior Drop In \$5 adults/\$4 senior

Aerobic Dance II

Good old-fashion Aerobic Dance is great fun for anyone at any age. If you like to dance to all kinds of music, and like to get your exercise early in the day, then this class is for you! You'll have lots of fun while dancing your way through a great work out! We'll work on improving endurance, agility, balance, strength and flexibility.

Instructor: Micheline Huber

Days: Tuesday & Thursday
Dates: 04/18/06-06-/22/06
Time: 9:15 am - 10:15 am

Cost:

1x week \$45 adults/\$35 senior 2x week \$90 adults/\$70 senior Drop In \$5 adults/\$4 senior

Aerobic Exercise & Conditioning

A fun, high energy aerobic class designed for students of all ages. This class is for those who want to have fun, meet new friends, while doing something good for them selves with a great workout!

Instructor: Kathy Adolphsen

<u>Aerobic Exercise Class</u>

Days: Wednesday

Dates: 04/19/06 - 06/21/06
Time: 9:15 am - 10:30 am
Cost: \$56 adult/\$44 senior
Drop in Fees: \$6 adult / \$5 senior

Conditioning Class

Days: Friday

Dates: 04/21/06 - 06/23/06 Time: 8:15 am - 9:00 am

(45 minutes)

Cost: \$41 adult/\$33 senior

Drop in Fees: \$5.00 adult / \$4.00 senior

Cost for enrolling in both

classes:

\$85 for Adults \$64 for Seniors

Community Centers

Alki	684-7430
Ballard	684-4093
Bitter Lake	684-7524
Delridge	684-7423
Garfield	684-4788
Green Lake	684-0780
Hiawatha	684-7441
High Point	684-7422
International District	233-0042
Jefferson	684-7481
Laurelhurst	684-7529
Loyal Heights	684-4052
Magnolia	386-4235
Magnuson	684-7026
Meadowbrook	684-7522
Miller	684-4753
Montlake	684-4736
Queen Anne	386-4240
Rainier	386-1919
Rainier Beach	386-1925
Ravenna Eckstein	684-7534
South Park	684-7451
Southwest	684-7438
Van Asselt	386-1921
Yesler	386-1245

Recreation Information

Public Information	684-4075
Compliments/Concerns	684-4837
Picnic Scheduling	684-8021
Field Scheduling	684-4077
Field Rain-Out Line	233-0055
Youth Athletics	684-7094
Adult Athletics	684-7092
Tennis Court Scheduling	684-7082
Special Populations Programs	684-4950
Event Hotline	233-2626
Fishing Piers	684-4075
Gym Rentals	684-7095

Special Interests

Aquarium	386-4320
Woodland Park Zoo	684-4800
Green Lake Small	684-4074
Crafts Center	
Mt. Baker Rowing & Sailing	386-1913
Seattle Tennis Center	684-4764
Langston Hughes	684-4757
Performing Arts Center	
Daybreak Star	
Indian Cultural	285-4425
Discovery Park	386-4236
Japanese Garden	684-4725
Kubota Garden	684-4584

Swimming Pools

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Ballard Aquatics Center	684-4094
Evans Pool	684-4961
Medgar Evers Pool	684-4766
"Pop" Mounger Pool	684-4708
(summer only)	
Queen Anne Aquatics Center	386-4282

Community Services

Chamber of Commerce	284-5836	
Magnolia Community Club	283-1188	
Magnolia Helpline	284-5631	
Magnolia Library	386-4226	

School Information

Catharine Blaine School Lawton Elementary	252-1920 252-2130	
McClure Middle School	252 1000	

Senior Adult Information

Magnolia Bridge Club (Jan)	282-3162
Senior Programs	684-4240

Sports Information

Magnolia Soccer Club Magnolia Baseball	835-5514 282-2478	